

# FAST FACTS



## HOLIDAY VOLUNTEERING

### **Festival of Trees Volunteer – St. Joseph’s Health Care Foundation**

- All opportunities at River Run Centre, Guelph
- Volunteers needed for:

#### **Set Up of Christmas Trees and Decorating**

- \* Sun Nov 21 12:00 – 5:00pm
- \* Mon Nov 22 9:00am – 1:00pm, 1:00pm – 5:00pm, 5:00pm – 9:00pm
- \* Tues Nov 23 9:00am – 2:00pm, 2:00pm – 6:00pm, 6:00pm – 9:00pm
- \* Wed Nov 24 9:00am – 2:00pm

#### **Wrapping & loading trees for tree delivery to local businesses/charities**

- \* Thurs Dec 9 9:00am – 1:00pm

#### **Dismantle/Take Down Day**

Wed Dec 29 9:00am – 1:00pm, 1:00pm – 5:00pm

- Contact: Carol McGuigan at St. Joseph’s Health Centre Foundation  
Phone: 519-767-3424  
Fax: 519-767-3445  
Email: [cmcguiga@sjhcg.ca](mailto:cmcguiga@sjhcg.ca)

### **Meals on Wheels – Canadian Red Cross**

- Volunteers are needed year round to pick up meals from St. Joseph’s Health Centre and deliver them to client homes.
- Meals are delivered in teams of two – work teams, family members and friends are welcome
- Extra volunteers are needed at Christmas and during the winter when regular volunteers are away
- Contact Lisa Allen at 519-836-3523 or email [lisa.allen@redcross.ca](mailto:lisa.allen@redcross.ca)

### **Chalmers Community Service Centre**

- Fair Share Food Shelf program provides food, clothing, bedding, household items and mending of clothes
- Volunteers assist with set-up of food, clothing and household goods Thursday or Friday mornings and clean-up
- Contact Office Administrator, Chalmers Community Services Centre, phone: 519-822-8778, Email: [chalmerscentre@rogers.com](mailto:chalmerscentre@rogers.com)

### **Saturday Night Supper – Royal City Evangelical Missionary Church**

- Saturday Night Supper program from 6pm-7pm at Royal City Evangelical Missionary Church, 50 Quebec St.
- Contact: 519-763-3614

### **Guelph Food Bank**

- Volunteers needed for gift wrapping at Stone Road Mall between December 2<sup>nd</sup> and 24<sup>th</sup>. Volunteers must be 16 years of age or older.
- Contact Tracy 519-767-1380 or email [guelphfoodbank@spiritwind-christian-centre.ca](mailto:guelphfoodbank@spiritwind-christian-centre.ca). Note - application forms must be completed prior to gift wrapping shift. They can be picked up and submitted to Tracey at the Guelph Food Bank (100 Crimea Street) between 12-4pm.
- Volunteer opportunities are also available right before and after Christmas day to help back food donations in the warehouse. Shifts can be completed any time between 8:30am-5:00pm. Contact Mike at 519-767-1380 for more information. Volunteers must be 14 years of age or older.
- [www.spiritwind-christian-centre.ca/guelphfoodbank.html](http://www.spiritwind-christian-centre.ca/guelphfoodbank.html)

### **Two Rivers Neighbourhood Group**

- Two Rivers Neighbourhood Group will be hosting a Holiday Camp from December 20-23
- Volunteers are needed to help supervise program participants and assist them with program activities. Volunteers will also assist staff with set-up and clean-up of activities and snack preparation.
- For more information, contact Heather Gibson at 519-837-4248 or email [info.tworivers@yahoo.ca](mailto:info.tworivers@yahoo.ca).

### **Retirement and Long-Term Care Residences**

Year round volunteer opportunities are available at retirement and long-term care residences including

- **St. Joseph's Health Centre**  
<http://communitylinks.cioc.ca/volunteer/results.asp?RSN=3180>
- **The Elliott Community**  
<http://communitylinks.cioc.ca/volunteer/results.asp?RSN=868>
- **Wellington Terrace**  
<http://communitylinks.cioc.ca/volunteer/results.asp?RSN=1420>
  - **Wellington Terrace** needs volunteers to assist staff with decorating for Christmas and for removal of decorations
  - Contact Mary Black Gallagher at 519-846-5359 x 266
- **Village of Riverside Glen**  
<http://communitylinks.cioc.ca/volunteer/results.asp?NUM=GCL1844>

### **The Children's Foundation of Guelph**

- Wrapping opportunities available Monday to Friday beginning Dec 3rd between 9am and 4pm. The evening wrap date has yet to be determined.
- Wrapping will be done at WeeStor Self-Storage at 175 Dawson Road (between Speedvale and Woodlawn)
- Call 519-826-9551 for more details

### **TIPS:**

- *You can also volunteer your time at local churches, neighbourhood groups and community organizations.*
- *Visit neighbours, family and friends and local retirement residences.*
- *Consider volunteering as a group with family, friends or co-workers*

**Volunteering is a rewarding experience all year round. For a complete listing of short and long term volunteer opportunities visit:**

1. Our homepage at [www.volunteerguelphwellington.on.ca](http://www.volunteerguelphwellington.on.ca)
2. Click **I Want Volunteer** and **Search the Database**
3. You can search by areas of interest, by **organization**, **What's New** and **Student Volunteers** ( *Towards 40 Hour requirement for graduation*)



46 cork street east, unit 1, guelph, ontario n1h 2w8  
tel\* 519\*822\*0912 toll free\*1\*866\*693\*3318 fax\*519\*822\*1389  
e-mail\* [info@volunteerguelphwellington.on.ca](mailto:info@volunteerguelphwellington.on.ca)  
web\* [www.volunteerguelphwellington.on.ca](http://www.volunteerguelphwellington.on.ca)